

An aerial photograph of a rugged, light-colored rocky coastline on the left, dotted with patches of green and yellow vegetation. The water is a deep, vibrant turquoise, showing some darker patches of seabed. A small, white boat is visible in the lower right quadrant of the water.

BREAKAWAY TO BELIZE

A VOYAGE OF SELF-EXPLORATION
THROUGH THE SENSES

MAY 1, 2020 – MAY 6, 2020

Departs from Miami, Florida

NEW PERSPECTIVE THROUGH A NEW LENS. BOOK YOUR EVENTURE EXPERIENCE MAGIC!

Many of us go through life merely skimming the surface of our identities, often haunted by conflicting feelings: “I want to get to point B, but point A feels safe.” Do we stay within the comfort of conformity, or do we strive for growth by being bolder and deeper, embracing the exhilarating realms of the unknown?

Attention Seekers of Change

Embark on this cruise to Belize with Anamorphic Catalyst, Therèsa Fernand. This six-day immersive journey is the latest Eventure. An experiential awakening realized through expanded view. As your experiential intuitive interpreter, she will facilitate group think, motivating, moving and inspiring by shared knowledge, stories, thought provoking conversations and experiences, all asking you to challenge your very belief systems.

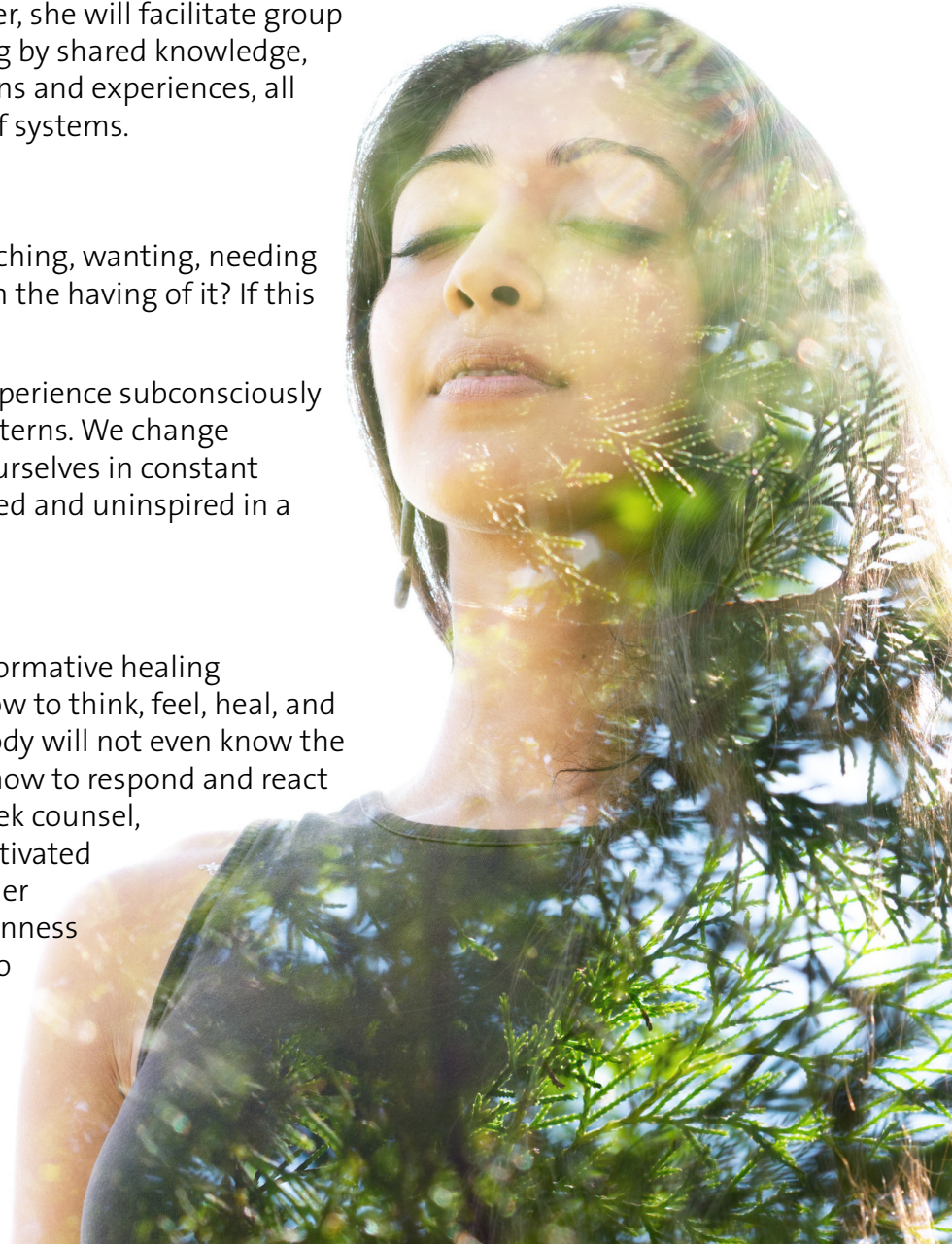
Isn't it time to UNbecome YOU?

You know, the YOU that's seeking, searching, wanting, needing something, because you'll feel better in the having of it? If this would change, then I'll feel better.

We all look through our own lens of experience subconsciously succumbing to limiting beliefs and patterns. We change jobs, partners, residence, yet we find ourselves in constant discontentment; unmoved, unmotivated and uninspired in a self-imposed cage.

Who were WE before our stories?

Therèsa's 360° approach to true transformative healing begins in the mind. It tells the body how to think, feel, heal, and grow. Most of the time the physical body will not even know the difference, it's the brain that tells you how to respond and react to a situation, the body follows. We seek counsel, intuitive advisement and guidance motivated by our inherent need to feel better under the guise that we need to fix our brokenness and change our ways. We are taught to focus on the very issues that cause the suffering, versus reaching for new perspective. Let's rewrite your story.



INCREDIBLE EXPERIENCES

Signature Anamorphic Experiential Eventure with Therèsa Fernand - \$1,750

Together, we will customize the perfect experience which will include one-on-one personalized breakthrough anamorphic sessions.

Example of a package may include:

- One 90-minute and two 60-minute one-on-one anamorphic breakthrough sessions
- In-depth psychic reading
- Two 90-minute healing sessions with Curandera Rocio La Rosa
- Ceremonial cleanse
- Catalyst coaching package after trip
- Mayan excursion
- Miami excursion
- All group workshops, lectures and experiences

\$3,500 value!

**That's 6 days, up to 10 hours of private one on one sessions. All experiences and group workshops and events. There is limited availability for this package and it will sell out quickly.*

[Book now...](#)

Intuitive Development and Exploration Package - \$999

Join Therèsa Fernand and Peruvian Curandera, Rocio La Rosa, to hone your own natural gifts and abilities. This restorative journey to heal and cleanse the soul will include spiritual readings, blessings, and healing work.

Mayan cultural and medicine trail excursion included.

[Book now...](#)

Group Workshops Package - \$500

This package includes access to all group workshops and experiences, including group mediumship.

All excursions are a la carte and can be purchased individually.

[Book now...](#)

Bonus Healing Sessions - \$200+ (A La Carte)

- Two 90-minute healing sessions

Healing sessions include a bone and/or spiritual reading to find the energy centers in your body that are holding energies that block your progression as well as your health.

- 90-minute Ancestral Healing ceremony

This ceremony involves working with family wounds and trauma. This is a cleansing of negative dense energies using sound, prayers and energy work.

- 90-minute Ceremonial Cleansing

A ceremony which calls on the ancestors in your lineage as well as spirit guides and animals to assist in healing and cleansing of the body, mind and spirit. You will experience sound, singing prayer and energy work and you will be given tools to assist your process at home.

- 60-minute Energy Session

High vibrational Healing that was channeled to Curandera Rocio. This will clear your chakras and energies stuck in the physical and spiritual realm.

- Pachamama (Mother Earth) Workshop

Learn the important elements of fire, water, air, earth and how each of these are within you and how they impact your every day life. Experience a shamanic view of communicating with the energies that are all around you.



EXCURSIONS

5-Hour Mayan Culture and Medicine Trail

Sunday, May 3, 2020

Leave from the Harvest Caye Port, Belize

\$175 without package

The Cockscomb Jaguar Reserve in Belize is home to Maya Shaman, Aurora Garcia Saqui. Gifted artist, herbalist, and traditional healer, Aurora is a direct descendant of world renowned Maya healer, Don Eljio Panti. Aurora will take us along a guided walk on the same canopied jungle path used by the Maya to gather medicinal plants and herbs. You will return home with a greater appreciation for where many medicinal cures originated.

Cost includes: Round trip transportation in air conditioned vehicles, travel insurance, English speaking guide, entrance tickets, guided tour of Maya jungle, and bottled water.

6-Hour Mayan Experience Tour

Monday, May 4, 2020

10 am - 3:30 pm

Leave from the Harvest Caye Port, Belize

\$175 without package

Check out the Chacchoben Ruins and explore the world of present day Maya descendants at Chacchoben Village. Immerse yourself the colorful culture of the modern Maya as it unfolds right before your eyes. Learn the secrets behind a perfect tortilla, hear about traditional home remedies, and savor a delicious Maya meal – cooked with local spices and fresh ingredients. We'll finish the day with a special cleansing session from a Curandero.

Cost includes: Round trip transportation in air conditioned vehicles, travel insurance, English speaking guide, entrance tickets, guided tour at Chacchoben Ruins, and bottled water.

Miami Food and Walking Tour with Tastings

Wednesday, May 6, 2020

Miami's Little Havana

\$150 without package

Those booking a later evening flight out of Miami are invited to join Therèsa Fernand on an experiential day of culture and cuisine -- a perfect way to end a beautiful cruise, savoring new sights, tastes and sounds.

Experience the sights and sounds of Miami's vibrant Little Havana neighborhood on this guided walking food tour. You'll sample local cuisine, including delicious guava pastries, Cuban sandwiches, and flan ice cream. You'll also meet local artists, dance to Cuban music, and see how a traditional Cuban cigar is rolled. Enjoy a fascinating cultural narration behind each stop on your tour.

Cost includes: All food and drink, gratuity to tour guide, access to hotel room to store your bags, freshen up etc., before and after your tour as you await your departure from the Miami area.



EXPLORE THE WORLD. EXPLORE YOURSELF.

On the six day excursion, you will be provided insight, tools and experiences equipping you with a new story, a renewed sense of purpose to live fully self-expressed in an expansive thought-provoking manner.

You'll do this as we explore things through all of senses, experiencing sites, sounds, tastes feelings and the true energy of things.

Time, space, reality and limitless possibility...

Intuitive development and mediumship exploration. Learn how to connect for yourself and access and unleash your own personal power, transforming dreams into goals into reality. With Rocio, you will learn to connect to the earth and your ancestors, fostering a better understanding of why there must be a balance between these worlds. Rocio will provide a cleansing which begins this beautiful process as if to start with a clean slate, a new paradigm shift for life.

This powerful, exploratory experience is a true journey of self-exploration, self-expression and healing to realign your life in the direction you want. We will demonstrate how to live in this knowing, this new expansive appreciation for all we are, for all we come from as limitless, timeless being in this human experience.



ABOUT YOUR TRIP

While Therèsa promises to offer an enlightening spiritual experience, you may have someone who will want to go on the cruise with you but may not want to participate in the activities. That's fine, too! They may simply book and pay for their cruise and travel portion of the trip and join you later for some fun in the sun. Prices vary depending on cabin style, amenities, etc.

If there were a word to encapsulate your entire Norwegian cruise experience, it would be this: Freedom. Enjoy the freedom to dine when and where you choose. Freedom to wear the clothes that make you feel most comfortable. Freedom to take advantage of everyday adventure and more fun than you've ever experienced before. Norwegian Breakaway has something on board for everyone.

Arrive at the beautiful Harvest Caye in Southern Belize -- the Caribbean's premier island destination. Immerse yourself in natural beauty and culture on a 75-acre oasis featuring an expansive pool with a swim-up bar, salt-water lagoon for water sports, exclusive 7-acre beach and exciting shore excursions ranging from zip lining across the island to snorkeling the world's second largest barrier reef.

Breathe in the fresh ocean air and connect with the sea like never before along The Waterfront, a quarter-mile oceanfront promenade lined with restaurants, bars, and spectacular views. Indulge in more than 25 dining experiences, including three new, dedicated seafood venues. And enjoy dazzling Broadway performances: Rock of Ages, Burn the Floor, and Cirque Dreams and Dinner Jungle Fantasy. Norwegian Breakaway offers magnificent amenities at sea.

[Reserve your spot today...](#)



ABOUT THERÈSA

As an intuitive visionary, known for her innate sense of people and their businesses, Thèresa has been called a catalyst for change, helping people get a good sense of who they truly are by helping them discover their passion and purpose.

Thèresa has traveled and worked throughout the country, inspiring thousands of people to connect and live passionately. She is responsible for executing engaging events, but also inspiring businessmen and women to get over their fears and go for the acquisition, apply for the promotion, and develop their business strategy. Having delivered excellent results for top corporations and private businesses over the last twenty years, Thèresa is well-versed at conceptualizing unique experiences for all types of events.

Anamorphic Catalyst™

Thèresa's readings and events are for expanded view, meaning, what are you not seeing? What is in your way? As an Anamorphic Catalyst (something that alters your view), Thèresa will help you look through a *new* lens to effectively navigate uncertainty through challenging times.

Motivational Thought Leader

Motivate, move and inspire is the message behind Thèresa. Throughout her work, whether a reading, or a savvy event, she invites people to live with intent, fully committed, and engaged in the experience. Self-exploration, self-expression through the senses. Do you engage fully in life?

Seer, Psychic, Sage

Gifted with innate abilities, Thèresa is an evidential psychic, medium and channel who has read and worked with thousands of people all over the world. Her work takes her from NY to LA, even having spent time working in the legendary Salem, MA. Experiences with her have not only given peace and connection as she channels messages, but have led to business acquisitions, real estate development deals and expansions. On this experience you will have the opportunity to engage in your own connective readings and sessions, learning to explore and hone YOUR OWN natural instinctive abilities.





ABOUT ROCIO

As part of her 360 approach, Therèsa has asked medicine woman, Rocio La Rosa, Peruvian Curandera to join her on this Eventure to Central America. Rocio, healer of Peru, descends from a full lineage of gifted seers and healers, naturally practicing in every day life. As part of her shamanic initiation, she remembers fortelling events, being told to stop and then going through a series of illnesses that forced her to reawaken her gifts in order to help others. Combined experiences will deepen connections to your ancestral roots, clearing karmic patterns and stories, facilitating and connecting you to a deeper clarity and knowing of your truth.

Rocio is a mother, teacher, priestess and ordained minister with a wide variety of practices incorporating truth, vision and love.

Medicine Woman

Carrying on family Peruvian lineage, working with the shamanic practices of the Andean and Pachakuti Mesa and much more.

Healer

Ordained Minister, working with Earth and Spirit teaching you to accept your own Divinity in this life.

Unconditional Love

No judgement, working with all people, all backgrounds, all religions and beliefs holding space for unconditional love.



WHY A CRUISE?

Water is powerful. Water has the power to restore, renew, and transform like no other. A cruise combines the healing properties of water, awe-inspiring views, and the energy experienced in connecting with others to create the perfect setting for anamorphic transformation and spiritual development.

WHY BELIZE?

Belize is located in Central America and it is bordered to the north by Mexico, to the south and west by Guatemala and to the east by the Caribbean Sea. Belize is known for its extreme biodiversity and distinctive ecosystems. Most of the land is undeveloped and is forested with hardwoods, jungles, wildlife reserves, and the largest cave system in Central America.

From the moment you arrive in beautiful Belize, the people and the culture make you feel welcome and comfortable – like nowhere else you’ve visited. The traditions and customs are varied and represent more than eight diverse cultures. In order to experience change, we need to go outside our comfort zone. There’s no better way to do that than by immersing yourself in a different culture.



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